



MENTORS OF CHANGE

FASD Mentors of Change – Mentor’s Peer Group Application

The FASD Mentors of Change program is created and run by individuals with Fetal Alcohol Spectrum Disorder (FASD), with 96% of the staff also on the spectrum. It was developed by people who wanted to ensure their voices were heard and their experiences valued, providing a space where they can take the lead in shaping their own support systems. The program features a buddy system that encourages advocacy, collaboration, and the creation of workshops and initiatives. Together, participants build a community rooted in respect, understanding, and inclusion, empowering individuals with FASD to take pride in their accomplishments and take charge of their future.

Full Name: _____

Phone Number: _____

Email Address: _____

Application Questions

1. Do you live in:

☐ Canada

☐ United States

☐ Ireland

☐ Other: _____

2. Do you need transportation to attend meetings?

☐ Yes

☐ No

3. Do you have supports that can help you get to meetings?

☐ Yes

☐ No

4. Do you need a Teams or Zoom link to attend this meeting?

☐ Yes

☐ No

5. How many years have you been advocating in your community?

6. Why would you like to be a mentor with Mentors of Change?

Once you have completed this application, please email it to chris.fillion@fasdmentorsofchange.ca.